# Che Midday Office

Commonly called The Sixth Hour, or Sext.

Before the Midday Office, Our Father and Hail Mary are said secretly. According to the custom of the place the Office may be read, monotoned, or sung to the proper melodies, presented here in the forms for use "throughout the year."





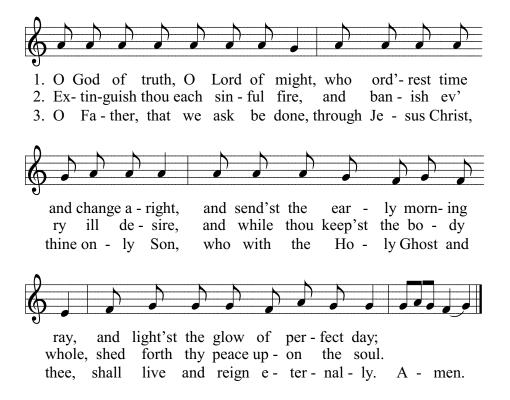
or from Septuagesima until Maundy Thursday



Praise be to thee O Lord, King of e - ter - nal glo-ry.

#### HYMN

Rector potens, verax Deus



Then follow the Antiphon, Psalms, Chapter, Versicle and Response. The forms for Mondays are found on p. 224, those for Tuesday through Saturday are found on p. 228.

## Sunday

*Throughout the year, Antiphon.* Alleluia, alleluia, alleluia. *In Paschal-tide, Antiphon.* Alleluia, alleluia, alleluia.



THOU ART my portion, O / Lord; \* I have prom/ised to keep thy law. 58. I made my humble petition in thy presence with my / whole

- heart; \* O be merciful unto me, ac/cording to thy word.
- *59.* I called mine own ways to re/membrance, \* and turned my feet unto thy / testimonies.
- *60.* I made haste, and prolonged / not the time, \* to keep / thy commandments.
- *61*. The snares of the ungodly have compassed / me about; \* but I have not for/gotten thy law.
- 62. At midnight I will rise to give thanks / unto thee, \* because of thy / righteous judgments.
- *63.* I am a companion of all them that / fear thee, \* and keep / thy commandments.
- *64*. The earth, O Lord, is full of thy / mercy: \* O teach / me thy statutes.

### TETH Bonitatem fecisti

- 65. O Lord, thou hast dealt graciously with thy / servant, \* accord/ing unto thy word.
- *66.* O teach me true understanding and / knowledge; \* for I have believed / thy commandments.
- 67. Before I was troubled, I / went wrong; \* but now / have I kept thy word.
- 68. Thou art good and / gracious; \* O teach / me thy statutes.
- *69*. The proud have imagined a lie a/gainst me; \* but I will keep thy commandments / with my whole heart.
- 70. Their heart is as / fat as brawn; \* but my delight hath / been in thy law.

- 71. It is good for me that I have been in / trouble; \* that I may / learn thy statutes.
- 72. The law of thy mouth is dearer / unto me \* than thousands of / gold and silver.

#### YODH Manus tuae fecerunt me

- THY HANDS have made me and / fashioned me: \* O give me understanding, that I may learn / thy commandments.
- 74. They that fear thee will be glad when they / see me; \* because I have put my / trust in thy word.
- 75. I know, O Lord, that thy judgments are / right, \* and that thou of very faithfulness hast caused me / to be troubled.
- 76. O let thy merciful kindness be my / comfort, \* according to thy word un/to thy servant.
- 77. O let thy loving mercies come / unto me, that I may live; \* for thy / law is my delight.
- 78. Let the proud be confounded, † for they go wickedly about to de/stroy me; \* but I will be occupied in / thy commandments.
- *79.* Let such as fear thee, and have known thy testi/monies, \* be / turned unto me.
- 80. O let my heart be sound in thy / statutes, \* that / I be not ashamed.

Glory be to the Father, and to the / Son, \* and / to the Holy Ghost.

As it was in the beginning, † is now and ever / shall be, \* world / without end. Amen.

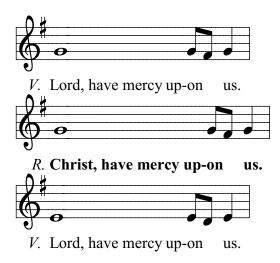
*Throughout the year, Antiphon.* Alleluia, alleluia, alleluia. *In Paschal-tide, Antiphon.* Alleluia, alleluia, alleluia.

### Chapter

#### Galatians 6:2

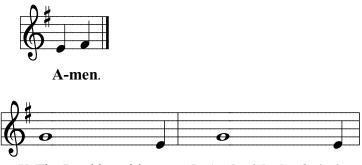
Bear ye one another's burdens, \* and so fulfil the law of Christ.

- *V*. The Lord is my shepherd; therefore can I lack nothing.
- R. He shall feed me in a green pasture.



Then, according to the custom of the place, the Lord's Prayer is said secretly or together.

Our Father, \* who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil.

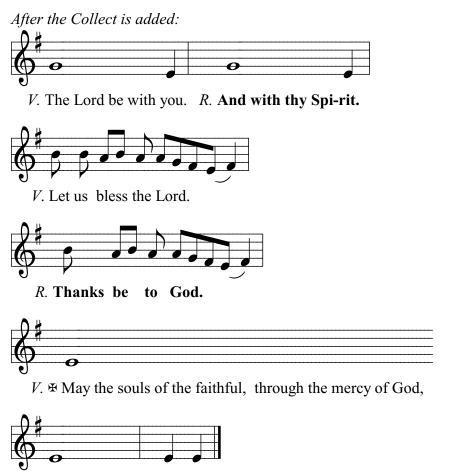


V. The Lord be with you. R. And with thy Spi-rit.



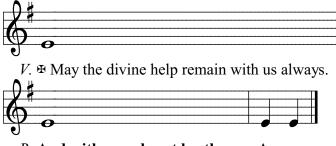
V. Let us pray.

Then is said the proper Collect.



rest in peace. R. A-men.

Then Our Father is said secretly, unless another Office follows. Then :



R. And with our absent brethren. A-men.

Then may follow the Anthem of the Blessed Virgin Mary according to the season.

Advent to Presentation -Gracious Mother of our Redeemer - SAH #172

Presentation to Wednesday of Holy Week -Queen of the Heavens, we hail thee - SAH #185

Paschaltide -O Queen of Heaven, be joyful - SAH #181

Trinity to Advent -Mary we hail thee - SAH #177

# Monday

*Throughout the year, Antiphon.* Look thou upon me, O Lord, and be merciful unto me.

In Advent, Antiphon from Lauds of the preceding Sunday or from the proper Lauds.

*In Lent, Antiphon.* Let approve ourselves in much patience, in many fastings, by the armor of righteousness.

*In Passiontide, Antiphon.* O my people, what have I done unto thee? And wherein have I wearied thee? Testify against me.

On Monday in Holy Week, proper Antiphon.

In Paschaltide, Antiphon. Alleluia, alleluia, alleluia, alleluia.



*129.* THY TEStimonies are / wonderful; \* therefore / doth my soul keep them.

*130.* When thy word goeth / forth, \* it giveth light and understanding unto / the simple.

- *131.* I opened my mouth, and drew in my / breath; \* for my delight was in / thy commandments.
- *132.* O look thou upon me, and be merciful / unto me, \* as thou usest to do unto / those that love thy Name.
- *133.* Order my steps in thy / word; \* and so shall no wickedness have do/minion over me.
- *134.* O deliver me from the wrongful dealings of / men; \* and so shall I keep / thy commandments.
- *135.* Show the light of thy countenance upon thy / servant, \* and teach / me thy statutes.
- *136.* Mine eyes gush out with / water, \* because / men keep not thy law.

#### SADHE Justus es, Domine

- 137. Righteous art / thou, O Lord; \* and true / are thy judgments.
- *138.* The testimonies that thou hast com/manded \* are exceeding / righteous and true.
- *139.* My zeal hath even con/sumed me; \* because mine enemies have for/gotten thy words.
- 140. Thy word is tried to the / uttermost, \* and thy / servant loveth it.
- *141.* I am small and of no repu/tation; \* yet do I not forget / thy commandments.
- *142.* Thy righteousness is an everlasting / righteousness, \* and thy / law is the truth.
- *143*. Trouble and heaviness have taken hold up/on me; \* yet is my delight in / thy commandments.
- *144.* The righteousness of thy testimonies is ever/lasting: \* O grant me understand/ing, and I shall live.
- QOPH Clamavi in toto corde meo
- I CALL with my / whole heart; \* hear me O Lord; I will / keep thy statutes.
- *146.* Yea even unto thee / do I call; \* help me and I shall keep thy / testimonies.
- 147. Early in the morning do I cry / unto thee; \* for in thy / word is my trust.



- *148.* Mine eyes rose up before the night / watches; \* that I might be occu/pied in thy word.
- *149.* Hear my voice O Lord, according unto thy loving/kindness; \* quicken me, according / to thy judgments.
- 150. They draw nigh that of malice perse/cute me, \* and are / far from thy law.
- 151. Be thou nigh at hand O / Lord; \* for all thy com/mandments are true.
- *152.* As concerning thy testimonies I have / known long since, \* that thou hast grounded / them for ever.

Glory be to the Father, and to the / Son, \* and / to the Holy Ghost.

As it was in the beginning, † is now and ever / shall be, \* world / without end. Amen.

*Throughout the year, Antiphon.* Look thou upon me, O Lord, and be merciful unto me.

#### Chapter

#### Galatians 6:2

Bear ye one another's burdens, \* and so fulfil the law of Christ.

V. The Lord is my shepherd; therefore can I lack nothing.

R. He shall feed me in a green pasture.

In Advent, Antiphon from Lauds of the preceding Sunday or from the proper Lauds.

#### Chapter

Jeremiah 23:6

In his days Judah shall be saved, and Israel shall dwell safely; † and this is his Name whereby he shall be called, \* the Lord our Righteousness.

- *V*. Show us thy mercy, O Lord.
- *R*. And grant us thy salvation.

*In Lent, Antiphon.* Let approve ourselves in much patience, in many fastings, by the armor of righteousness.

## Chapter

Isaiah 55:7

Let the wicked forsake his way, and the unrighteous man his thoughts: † and let him return unto the Lord, and he will have mercy upon him: \* and to our God, for he will abundantly pardon.

*V*. He shall defend thee under his wings.

R. And thou shalt be safe under his feathers.

*In Passiontide, Antiphon.* O my people, what have I done unto thee? And wherein have I wearied thee? Testify against me.

On Monday in Holy Week, proper Antiphon.

## Chapter

Jeremiah 17:18

Let them be confounded that persecute me, but let not me be confounded: † let them be dismayed, byut let not me be dismayed: \* bring upon them the day of evil, and destroy them with double destruction, O Lord our God.

*V*. Save me, O Lord, from the lion's mouth.

*R*. Thou hast heard me also from among the horns of the unicorns.

In Paschaltide, Antiphon. Alleluia, alleluia, alleluia.

## Chapter

1 Corinthians 15:20-22

Now is Christ risen from the dead, and become the firstfruits of them that slept. † For since by man came death, by man also came the

resurrection from the dead. \* For as in Adam all die, even so in Christ shall all be made alive.

*V*. The Lord is risen indeed, alleluia.

## *R*. And hath appeared to Simon, alleluia.

The follows Lord, have mercy, and the rest as on Sunday, p.222.

# Cuesday through Saturday

*Throughout the year, Antiphon.* O thou that dwellest in the heavens, have mercy upon us.

In Advent, Antiphon from Lauds of the preceding Sunday or from the proper Lauds.

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On Monday in Holy Week, proper Antiphon.

In Paschaltide, Antiphon. Alleluia, alleluia, alleluia, alleluia.

PSALM 123 Ad te levavi oculos meos

Tone VIII 5



- UNTO thee lift I up mine / eyes, \* O thou that dwellest / in the heavens.
- 2. Behold, even as the eyes of servants look unto the hand of their masters, † and as the eyes of a maiden unto the hand of her / mistress, \* even so our eyes wait upon the Lord our God, until he have mer/cy upon us.
- 3. Have mercy upon us, O Lord, have mercy up/on us; \* for we are / utterly despised.
- 4. Our soul is filled with the scornful reproof of the / wealthy, \* and with the despite/fulness of the proud.

- If the Lord himself had not been on our side, now may / Israel say; \* if the Lord himself had not been on our side, when men rose / up against us;
- 2. They had swallowed us / up alive; \* when they were so wrathful/ly displeased at us.
- 3. Yea, the waters had / drowned us, \* and the stream had gone / over our soul.
- 4. The deep waters / of the proud \* had gone even / over our soul.
- 5. But praised / be the Lord, \* who hath not given us over for a prey / unto their teeth.
- 6. Our soul is escaped even as a bird out of the snare of the / fowler; \* the snare is broken, and we / are delivered.
- 7. Our help standeth in the Name / of the Lord, \* who hath made / heaven and earth.

## PSALM 125 Qui confidunt

- They that put their trust in the Lord shall be even as the mount / Zion, \* which may not be removed, but standeth / fast for ever.
- 2. The hills stand about Je/rusalem; \* even so standeth the Lord round about his people, from this time / forth for evermore.
- *3*. For the scepter of the ungodly shall not abide upon the lot of the / righteous; \* lest the righteous put their hand / unto wickedness.
- 4. Do well, O / Lord, \* unto those that are / good and true of heart.
- 5. As for such as turn back unto their own / wickedness, \* the Lord shall lead them forth with the evil doers; but peace shall be / upon Israel.

Glory be to the Father, and to the / Son, \* and / to the Holy Ghost.

As it was in the beginning, † is now and ever / shall be, \* world / without end. Amen.

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