Che Sixth Day at Morning Prayer

PSALM 30 Exaltabo te, Domine

Tone I B 10



- I WILL magnify thee, O Lord; for / thou hast set me up, * and not made my foes to / triumph over me.
- 2. O Lord my God, I / cried unto thee; * and / thou hast healed me.
- 3. Thou, Lord, hast brought my / soul out of hell: * thou hast kept my life, that I should not go / down into the pit.
- 4. Sing praises unto the Lord, / O ye saints of his; * and give thanks unto him, for a remembrance / of his holiness.
- 5. For his wrath endureth but the twinkling of an eye, and in his / pleasure is life; * heaviness may endure for a night, but joy cometh / in the morning.
- 6. And in my prosperity I said, I shall / never be removed: * thou, Lord, of thy goodness, hast / made my hill so strong.
- 7. Thou didst / turn thy face from me, * and / I was troubled.
- 8. Then cried I / unto thee, O Lord; * and gat me to my / Lord right humbly.
- 9. What profit / is there in my blood, * when I go / down into the pit?
- 10. Shall the dust give / thanks unto thee? * or shall / it declare thy truth?
- 11. Hear, O Lord, and have / mercy upon me; * Lord, be / thou my helper.
- 12. Thou hast turned my / heaviness into joy; * thou hast put off my sackcloth, and girded / me with gladness:
- 13. Therefore shall every good man sing of thy / praise without ceasing. * O my God, I will give thanks unto / thee for ever.
- Glory be to the / Father, and to the Son, * and / to the Holy Ghost.
- As it was in the beginning, † is now and / ever shall be, * world / without end. Amen.



- IN THEE, O Lord, have I put my trust; let me never be put to con/fusion; * deliver me / in thy righteousness.
- 2. Bow down thine / ear to me; * make haste / to deliver me.
- 3. And be thou my strong rock, and house of de/fense, * that thou / mavest save me.
- 4. For thou art my strong rock, and my / castle: * be thou also my guide, and lead me / for thy Name's sake.
- 5. Draw me out of the net that they have laid privily for / me; * for / thou art my strength.
- 6. Into thy hands I commend my / spirit; * for thou hast redeemed me, O / Lord, thou God of truth.
- 7. I have hated them that hold of lying / vanities, * and my trust hath / been in the Lord.
- 8. I will be glad and rejoice in thy / mercy; * for thou hast considered my trouble, and hast known my soul / in adversities.
- 9. Thou hast not shut me up into the hand of the / enemy; * but hast set my feet / in a large room.
- 10. Have mercy upon me, O Lord, for I am in / trouble, * and mine eye is consumed for very heaviness; yea, my soul / and my body.
- 11. For my life is waxen old with / heaviness, * and my / years with mourning.
- 12. My strength faileth me, because of mine in/iquity, * and my / bones are consumed.
- 13. I became a reproach among all mine enemies, † but especially among my / neighbors; * and they of mine acquaintance were afraid of me; and they that did see me without, conveyed / themselves from me.
- 14. I am clean forgotten as a dead man out of / mind; * I am become like a / broken vessel.
- 15. For I have heard the blasphemy of the multitude, † and fear is on every / side; * while they conspire together against me, and take their counsel to / take away my life.
- 16. But my hope hath been in thee, O / Lord; * I have said, / Thou art my God.



- 17. My times are in thy hand; deliver me from the hand of mine / enemies, * and from them that / persecute me.
- 18. Show thy servant the light of thy / countenance, * and save me / for thy mercy's sake.
- 19. Let me not be confounded, O Lord, for I have called upon / thee; * let the ungodly be put to confusion, and be put to / silence in the grave.
- 20. Let the lying lips be put to / silence, * which cruelly, disdainfully, and despitefully speak a/gainst the righteous.
- 21. O how plentiful is thy goodness, which thou hast laid up for them that / fear thee, * and that thou hast prepared for them that put their trust in thee, even be/fore the sons of men!
- 22. Thou shalt hide them in the covert of thine own presence from the plottings of / men: * thou shalt keep them secretly in thy tabernacle / from the strife of tongues.
- 23. Thanks be to the / Lord; * for he hath showed me marvelous great kindness in / a strong city.
- 24. But in my haste I / said, * I am cast out of the / sight of thine eyes.
- 25. Nevertheless, thou heardest the voice of my / prayer, * when I / cried unto thee.
- 26. O love the Lord, all ye his / saints; * for the Lord preserveth them that are faithful, and plenteously rewardeth / the proud doer.
- 27. Be strong, and he shall establish your / heart, * all ye that put your / trust in the Lord.
- Glory be to the Father, and to the / Son, * and / to the Holy Ghost.
- As it was in the beginning, † is now and ever / shall be, * world / without end. Amen.