Che Eighth Day at Morning Prayer



- PUT ME not to rebuke, O Lord, / in thine anger; * neither chasten me in thy heavy / displeasure:
- 2. For thine ar/rows stick fast in me, * and thy hand press/eth me sore.
- 3. There is no health in my flesh, because of / thy displeasure; * neither is there any rest in my bones, by reason / of my sin.
- 4. For my wickednesses are gone o/ver my head, * and are like a sore burden, too heavy / for me to bear.
- 5. My wounds stink, and / are corrupt, * through / my foolishness.
- 6. I am brought into so great trou/ble and misery, * that I go mourning all / the day long.
- 7. For my loins are filled / with a sore disease, * and there is no whole part in / my body.
- 8. I am feeble / and sore smitten; * I have roared for the very disquietness / of my heart.
- 9. Lord, thou knowest all / my desire; * and my groaning is / not hid from thee.
- 10. My heart panteth, my / strength hath failed me, * and the light of mine eyes / is gone from me.
- 11. My lovers and my neighbors did stand looking up/on my trouble, * and my kinsmen stood / afar off.
- 12. They also that sought after my / life laid snares for me; * and they that went about to do me evil talked of wickedness, and imagined deceit all / the day long.
- 13. As for me, I was like a deaf / man, and heard not; * and as one that is dumb, who doth not o/pen his mouth.
- *14.* I became even as a man that / heareth not, * and in whose mouth / are no reproofs.
- 15. For in thee, O Lord, have I / put my trust; * thou shalt answer for me, / O Lord my God.
- 16. I have required that they, even mine enemies, should not triumph / over me; * for when my foot slipt, they rejoiced greatly / against me.



- 17. And I truly am set / in the plague, * and my heaviness is ever / in my sight.
- 18. For I will con/fess my wickedness, * and be sorry / for my sin.
- *19.* But mine enemies live, / and are mighty; * and they that hate me wrongfully are many / in number.
- *20.* They also that reward evil for good / are against me; * because I follow the thing / that good is.
- 21. Forsake me not, O / Lord my God; * be not / thou far from me.
- 22. Haste / thee to help me, * O Lord God of my / salvation.

Glory be to the Father, and / to the Son, * and to / the Holy Ghost.

As it was in the beginning, † is now and / ever shall be, * world with/out end. Amen.



- I SAID, I will take heed to my / ways, * that I offend / not in my tongue.
- 2. I will keep my mouth as it were with a / bridle, * while the ungodly / is in my sight.
- 3. I held my tongue, and spake / nothing: * I kept silence, yea, even from good words; but it was pain / and grief to me.
- 4. My heart was hot within me: † and while I was thus musing the fire / kindled, * and at the last I spake / with my tongue;
- 5. Lord, let me know mine end, and the number of my / days; * that I may be certified how long / I have to live.
- 6. Behold, thou hast made my days as it were a span long, † and mine age is even as nothing in respect of / thee; * and verily every man living is altoge/ther vanity.
- 7. For man walketh in a vain shadow, and disquieteth himself in / vain; * he heapeth up riches, and cannot tell who / shall gather them.



- 8. And now, Lord, what is my / hope? * truly my hope is e/ven in thee.
- 9. Deliver me from all mine of/fenses; * and make me not a rebuke unto / the foolish.
- *10.* I became dumb, and opened not my / mouth; * for it was / thy doing.
- 11. Take thy plague a/way from me: * I am even consumed by the means of / thy heavy hand.
- 12. When thou with rebukes dost chasten man for sin, † thou makest his beauty to consume away, like as it were a moth fretting a / garment: * every man therefore is / but vanity.
- *13.* Hear my prayer, O Lord, and with thine ears consider my / calling; * hold not thy peace / at my tears;
- 14. For I am a stranger with thee, and a / sojourner, * as all / my fathers were.
- 15. O spare me a little, that I may recover my / strength, * before I go hence, and be / no more seen.

Glory be to the Father, and to the / Son, * and to / the Holy Ghost.

As it was in the beginning, † is now and ever / shall be, * world with/out end. Amen.



- I WAITed patiently for / the Lord, * and he inclined unto me, and / heard my calling.
- 2. He brought me also out of the horrible pit, out of the mire / and clay, * and set my feet upon the rock, and ord/ered my goings.
- 3. And he hath put a new song in / my mouth, * even a thanksgiving / unto our God.
- 4. Many shall see it, / and fear, * and shall put / their trust in the Lord.



- 5. Blessed is the man that hath set his hope in / the Lord, * and turned not unto the proud, and to such as / go about with lies.
- 6. O Lord my God, great are the wondrous works which thou hast done, † like as be also thy thoughts, which are to / us-ward; * and yet there is no man that order/eth them unto thee.
- 7. If I should declare them, and speak / of them, * they should be more than I am / able to express.
- 8. Sacrifice and offering thou would/est not, * but mine ears / hast thou opened.
- 9. Burnt-offering and sacrifice for sin hast thou not / required: * then / said I, Lo, I come;
- 10. In the volume of the book it is written of me, † that I should fulfill thy will, O / my God: * I am content to do it; yea, thy law / is within my heart.
- 11. I have declared thy righteousness in the great congre/gation: * lo, I will not refrain my lips, O Lord, and / that thou knowest.
- *12.* I have not hid thy righteousness within / my heart; * my talk hath been of thy truth, and of / thy salvation.
- *13.* I have not kept back thy loving mercy / and truth * from the great / congregation.
- *14.* Withdraw not thou thy mercy from me, / O Lord; * let thy loving-kindness and thy truth al/way preserve me.
- 15. For innumerable troubles are come about me; † my sins have taken such hold upon me, that I am not able to / look up; * yea, they are more in number than the hairs of my head, and my / heart hath failed me.
- *16.* O Lord, let it be thy pleasure to deliv/er me; * make haste, O / Lord, to help me.
- 17. Let them be ashamed, and confounded together, † that seek after my soul to de/stroy it; * let them be driven backward, and put to rebuke, that / wish me evil.
- 18. Let them be desolate, and rewarded / with shame, * that say unto me, Fie upon thee! / fie upon thee!
- *19.* Let all those that seek thee, be joyful and glad / in thee; * and let such as love thy salvation, say alway, / The Lord be praised.
- 20. As for me, I am poor and / needy; * but the / Lord careth for me.



21. Thou art my helper and re/deemer; * make no long tar/rying, O my God.

Glory be to the Father, and to / the Son, * and / to the Holy Ghost. As it was in the beginning, † is now and ever / shall be, * world

with/out end. Amen.